



DAY 1: SUNDAY, JULY 12

(BLUE is Boys – GOLD is Girls)
Players can wear any World Cup soccer jersey
WORLD CUP WEEK!





- 2:15 P.M. ALL campers, coaches, and counselors meet on the main turf to connect with your team!
- 3 P.M. ALL BLUE will play Soccer Golf on campus. Stay with your team to play. ALL GOLD will walk the campus cross country trail. Team bonding!
- 4 P.M. ALL BLUE will walk the campus trail. ALL GOLD will play Soccer Golf on campus.

DINNER - DINING HALL

- 5 P.M. 5:50 P.M. GOLD Dinner (players walk with counselors)
- 6 P.M. 6:50 P.M. BLUE Dinner (players walk with counselors)

TRAINING - TURF FIELDS

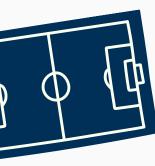
- **6:30 P.M. 7:45 P.M. GOLD Training** (2011's/2012's/2013's) Athletic Turf Field (2014's/2015's/2016's/2017's) Main Turf
- 7:45 P.M. 8:50 P.M. BLUE Training
 (2011's/2012's/2013's) Athletic Turf Field
 (2014's/2015's) Main Turf
 (2016's/2017's) Pavilion Turf
- 9 P.M. PIZZA & Electrolyte drinks available to be purchased at QUAD (PLEASE bring cash)

COMMUTER PICK-UP - QUAD AREA: 9 P.M.-10 P.M.

LIGHTS OUT: 10:45 P.M.

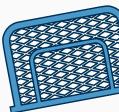








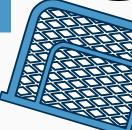


















DAY 2: MONDAY, JULY 13

(Players wear any World Cup soccer jersey)
Commuter Drop-Off 7-8:15 A.M. Brickman Hall Water Fountain



- 7 7:45 A.M. BLUE (players walk with counselors)
- 7:45 8:30 A.M. GOLD (players walk with counselors)

SESSION 1 - FIELDS/FIELD HOUSE GYM

- 8 8:55 A.M. BLUE 1 (2011/2012/2013)
 YOGA at Field House Gym (Dynamic Stretching)

 8 8:45 A.M. BLUE 2 (2014/2015/2016/2017)
- World Cup Challenge at Athletic Turf
- 8:30 9:30 A.M. GOLD Soccer Training on Main Turf (9-10 A.M. Goalkeeping Training) GOLD

SESSION 2

- 9 10 A.M. BLUE 1 (2011/2012/2013) World Cup Challenge on Main Turf
- 9 9:55 A.M. BĽUE 2 (2014/2015/2016/2017) Yoga at Field House Gym (Dynamic Stretching) 9:30 – 10:15 A.M. – GOLD
- Speed & Agility at Athletic Turf

SESSION 3

- 10 10:45 A.M. BLUE 1 (2011/2012/2013)
- World Cup Challenge at Athletic Turf 10 10:55 A.M. BLUE 2 (2014/2015/2016/2017) Soccer Training on Main Turf (10-11 A.M. Blue 1 and Blue 2 Goalkeeping Training)
- 10:30 11:30 A.M. GOLD Yoga at Field House Gym (Dynamic Stretching)

LUNCH - DINING HALL

- 11 A.M. 11:50 A.M. ALL BLUE
- 12 P.M. 12:50 P.M. ALL GOLD

SESSION 4

- 1 2:45 P.M. BLUE Soccer Training (2011/2012/2013) Athletic Turf, (2014/2015/2016/2017) Main Turf

- 1 2:45 P.M. GOLD BREAK 3 4:30 P.M. BLUE 1 & 2 BREAK 3 4:30 P.M. GOLD Soccer Training (2011/2012/2013) Athletic Turf, (2014/2015/2016/2017) Main Turf

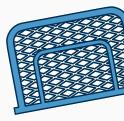
DINNER - DINING HALL

- 4:30 5:20 P.M. ALL BLUE
- 5:30 6:20 P.M. ALL GOLD

SESSION 5

- 6 7:20 P.M. BLUE Soccer Matches (Athletic/Main/Pavilion Turf Fields)
- 6:30 7:15 P.M. GOLD BREAK
 7:30 8:50 P.M. GOLD Soccer Matches (Athletic/Main Turf)
 7:30 8:30 P.M. BLUE Backyard Sports
- 9 9:45 P.M. BLUE Street Soccer (RITA'S Italian Ice)
- 9 9:45 P.M. GOLD (stay at Main turf to watch Street Soccer at have RITA'S
- 9 10 P.M. Commuter Pick-Up at Main Turf

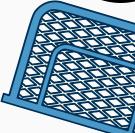










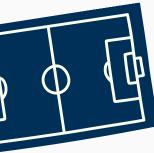




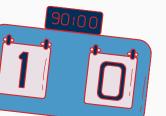














DAY 3: TUESDAY, JULY 14

(Players wear any World Cup soccer jersey)
Commuter Drop-Off 7-8:15 A.M. Brickman Hall Water Fountain

BREAKFAST - DINING HALL

- 7 7:45 A.M. BLUE (players walk with counselors)
 7:45 8:30 A.M. GOLD (players walk with counselors)

SESSION 1 - FIELDS/FIELD HOUSE GYM

- 8 8:55 A.M. BLUE 1 (2011/2012/2013) YOGA at Field House Gym (Power YOGA-Core)
- 8 8:45 A.M. BLUE 2 (2014/2015/2016/2017) Crossbar Challenge at Athletic Turf
- 8:30 9:30 A.M. GOLD Soccer Training on Main Turf

(9-10 A.M. Goalkeeping Training) GOLD

SESSION 2

- 9 10 A.M. BLUE 1 (2011/2012/2013)
- Soccer Training on Main Turf 9 9:55 A.M. BLUE 2 (2014/2015/2016/2017) Yoga at Field House Gym (Power YOGA-Core)
- 9:30 10:15 A.M. GOLD Crossbar Challenge at Athletic Turf

SESSION 3

- 10 10:45 A.M. BLUE 1 (2011/2012/2013) Crossbar Challenge at Athletic Turf
- 10 10:55 A.M. BLUE 2 (2014/2015/2016/2017) Soccer Training on Main Turf (10-11 A.M. Blue 1 and Blue 2 Goalkeeping Training)
- 10:30 11:30 A.M. GOLD Yoga at Field House Gym (Power YOGA-Core)

LUNCH - DINING HALL

- 11 A.M. 11:50 A.M. ALL BLUE 12 P.M. 12:50 P.M. ALL GOLD

SESSION 4

- 1 2 P.M. BLUE Soccer Training (2011/2012/2013) Athletic Turf, (2014/2015/2016/2017) Main Turf
- 1 1:45 P.M. GOLD BREAK
- 2 3:00 P.M. BLUE 1 & 2 BREAK
- 2 3:00 P.M. GOLD Soccer Training
 (2011/2012/2013) Athletic Turf, (2014/2015/2016/2017) Main Turf
 World Cup Semi-finals match 3 P.M. at Pavilion Turf or College Center

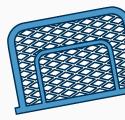
DINNER - DINING HALL

- 4:45 5:30 P.M. ALL BLUE
- 5:30 6:15 P.M. ALL GOLD

SESSION 5

- 6 7:20 P.M. BLUE Soccer Matches (Athletic/Main/Pavilion Turf Fields)
- 6:30 7:15 P.M. GOLD BREAK
 7:30 8:50 P.M. GOLD Soccer Matches (Athletic/Main Turf)
 7:30 9:45 P.M. BLUE Backyard Sports
- 9 9:45 P.M. GOLD Street Soccer
- 9 10 P.M. Philly Soft Pretzels for sale at QUAD (PLEASE bring cash)
- 9 10 P.M. Commuter Pick-Up at Main Turf

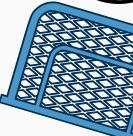








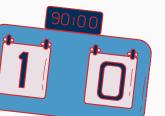














DAY 4: WEDNESDAY, JULY 15

(Players wear Nike Camp Shirt) Commuter Drop-Off 7-8:15 A.M. Brickman Hall Water Fountain

BREAKFAST - DINING HALL

- 7 7:45 A.M. BLUE (players walk with counselors)
 7:45 8:30 A.M. GOLD (players walk with counselors)

SESSION 1 - FIELDS/FIELD HOUSE GYM

- 8 8:55 A.M. BLUE 1 (2011/2012/2013)
- YOGA at Field House Gym (Meditation & Breathing) 8 8:45 A.M. BLUE 2 (2014/2015/2016/2017)
- Target Shooting Challenge 8:30 9:30 A.M. GOLD Soccer Training on Main Turf (9-10 A.M. Goalkeeping Training) GOLD

SESSION 2

- 9 10 A.M. BLUE 1 (2011/2012/2013) Soccer Training on Main Turf
- 9 9:55 A.M. BLUE 2 (2014/2015/2016/2017) Yoga at Field House Gym (Meditation & Breathing) 9:30 – 10:15 A.M. – GOLD Target Shooting Challenge

SESSION 3

- 10 10:45 A.M. BLUE 1 (2011/2012/2013)
- Target Shooting Challenge
 10 10:55 A.M. BLUE 2 (2014/2015/2016/2017) Soccer Training on Main Turf (10-11 A.M. Blue 1 and Blue 2 Goalkeeping Training)
- 10:30 11:30 A.M. GOLD Yoga at Field House Gym (Meditation & Breathing)

LUNCH - DINING HALL

- 11 A.M. 11:50 A.M. ALL BLUE
- 12 P.M. 12:50 P.M. ALL GOLD

SESSION 4

- 1 2 P.M. BLUE Soccer Training (2011/2012/2013) Athletic Turf, (2014/2015/2016/2017) Main Turf
- 1 1:45 P.M. GOLD BREAK
- 2 3:00 P.M. BLUE 1 & 2 BREAK
 2 3:00 P.M. GOLD Soccer Training
 (2011/2012/2013) Athletic Turf, (2014/2015/2016/2017) Main Turf
 World Cup Semi-finals match 3 P.M. at Pavilion Turf or College Center

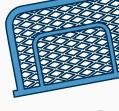
DINNER - DINING HALL

- 4:45 5:30 P.M. ALL BLUE
- 5:30 6:15 P.M. ALL GOLD

SESSION 5

- 6 7:20 P.M. BLUE Soccer Matches (Athletic/Main/Pavilion Turf Fields)
 6:15 7:15 P.M. GOLD "Clean Up Rooms, Take Trash Out"
 7:30 8:50 P.M. GOLD Soccer Matches (Athletic/Main Turf)
 7:30 9:45 P.M. BLUE "Clean Up Rooms, Take Trash Out"

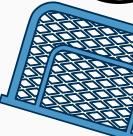
- 9 P.M. PIZZA & Electrolyte drinks for sale at QUAD (PLEASE bring cash) 9 10 P.M. Commuter Pick-Up at Main Turf















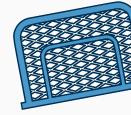






DAY 5: THURSDAY, JULY 16

(Players Wear Any Soccer Shirt) Commuter Drop-Off 7-8:15 A.M. Brickman Hall Water Fountain



BREAKFAST



- 7-7:45 A.M. ALL BLUE
- 7:45-8:30 A.M. ALL GOLD



SESSION 1 - TRAINING SESSION (MATCHES)

- 8:15-9:45 A.M. BLUE 1/2 Matches Athletic/Main Turf Fields
- 8:15-9:45 A.M. GOLD "Final Clean-Up & Packing"



SESSION 2 - TRAINING SESSION (MATCHES)

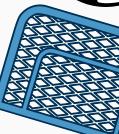






LUNCH

- 11-11:45 A.M. ALL BLUE
- 11:45 A.M.-12:30 P.M. ALL GOLD



CHECK OUT - QUAD WHERE THE DORMS ARE 11 A.M.-1 P.M.



THANK YOU AND HAVE A GREAT SUMMER!

(Schedule will and may change to benefit players)







