



Eastern Pennsylvania Youth Soccer STATEiD Program

I. 2025-26 Season Structure

- The EPA STATEiD Program is an individual development initiative for 2015 & 2016 birth years (U10-U11).
- Inspired by PSV's Skill Box model and the USYS Olympic Development Program, STATEiD uses a station-based, high-repetition approach focused on technical mastery and individual growth. Licensed staff coaches lead each session, laying a strong foundation for players aspiring to join full ODP in future years.
- We organize training into blocks aligned with the broader youth soccer calendar, creating focused, developmentally appropriate training phases.

Fall Block – 3 sessions (90 minutes each)

Tentative Dates: Nov. 16, Nov. 23, Dec. 14 (Training Time: TBD - typically held prior to ODP training on Sunday late-afternoons/evenings)

Winter Block – 3 sessions (90 minutes each) + 1 Event

Tentative Dates: Jan. 25, Feb. 8, Mar. 8

Spring Block – 4 sessions (90 minutes each) + 1 Event

Tentative Dates: May 3, May 10, May 17, May 31

II. Event Schedule

- In-House Indoor Play Day – WSFS (Winter Block)
Details coming soon!
- PA Classics MAC Tournament (Spring Block) – June 2026

III. Attendance Expectations

Participation in STATEiD is both a privilege and a commitment. By accepting your place, you agree to be an active and reliable teammate. Consistent attendance is essential for development, the effectiveness of your coaches, and fairness to your fellow players.

While club games take priority, STATEiD events should take precedence over non-soccer or non-game-related conflicts. This program offers a valuable opportunity to train

and compete in a competitive, developmental environment that can only be achieved through regular attendance.

IV. Methodology

STATEiD uses a pool roster model, meaning all selected players train together in one competitive environment. This structure allows for high-quality sessions, balanced competition, and greater developmental opportunities. For events, teams are split based on positional balance and player availability, not as “A” and “B” teams. This ensures both rosters are competitive and provide meaningful playing time.

Tentative Pool Sizes: 36–48 players (split again by birth year)

We use carousel training, a rotation-based method where players move through multiple stations focused on specific skills or tactical scenarios. This ensures high engagement, repetition, and match-like intensity.

V. Training Locations

Main Facility: The Proving Grounds

Alternative: Plymouth Whitemarsh – Victory Fields

VI. Communication

STATEiD uses Praxis Sports as its official communication app. All program updates, schedules, and logistical details will be shared there. This will be the primary communication channel between coordinators, coaches, and families.

VII. Program Cost: \$775

Includes:

- 10, 90-minute training sessions
- Associated Fees for 2 tournaments/events (travel not included)
- Nike uniform and training package (Nike kit, training tee, bag)

Payment Details:

- Payments processed via GotSport
- \$150 deposit required (by date provided by the Coordinator) to hold your spot
- Payment options: Pay in full, 3-installment plan, or 5-installment plan

We’re excited for the season ahead and look forward to supporting each player’s growth and development through the Eastern Pennsylvania Youth Soccer STATEiD Program.