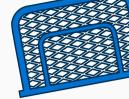


# **RESIDENT CAMP 2025**

# DAY 1: SUNDAY, JULY 13



(BLUE is Boys - GOLD is Girls) Players can wear any soccer gear they'd like



# **CHECK-IN - BRICKMAN HALL:** 11 A.M.-1:30 P.M.

- 11 A.M. 1:30 P.M. Move into room
- 2 P.M. ALL campers, coaches, and counselors meet on the main turf to s with team!
- 3 P.M. Watch the FIFA Club World Cup at the Junge **Pavillon**



## **DINNER - DINING HALL**

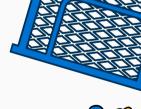
- 5 P.M. 5:45 P.M. GOLD Dinner (players walk with counselors)
- 5:45 P.M. 6:30 P.M. BLUE Dinner (players walk with counselors)





- (2013's/2014's) Main Turf (2015's/2016's) - Pavilion Turf
- 8 P.M. 9 P.M. GOLD Backyard Sports











**COMMUTER PICK-UP - MAIN TURF:** 9 P.M.-10 P.M.



LIGHTS OUT: 10:30 P.M.







**ESIDENT CAMP 2025** 

DAY 2: MONDAY, JULY 14

(Players wear RED, WHITE & BLUE) Commuter Drop-Off 7-8:15 A.M. Brickman Hall Water Fountain



#### **BREAKFAST - DINING HALL**

- 7 7:45 A.M. BLUE (players walk with counselors)
- 7:45 8:30 A.M. GOLD (players walk with counselors)





- YOGA at Field House Gym

  8 8:45 A.M. BLUE 2 (2013/2014/2015/2016)
- Speed & Agility at Athletic Turf

  8:30 9:30 A.M. GOLD Soccer Training on Main Turf (9-10 A.M. Goalkeeping Training)



- 9 10 A.M. BLUE 1 (2010/2011/2012) Soccer Training on Main Turf
- 9 9:55 A.M. BLUE 2 (2013/2014/2015/2016)
   Yoga at Field House Gym
   9:30 10:15 A.M. GOLD
- Speed & Agility at Athletic Turf



- 10 10:45 A.M. BLUE 1 (2010/2011/2012)
- Speed & Agility at Athletic Turf 10 10:55 A.M. BLUE 2 (2013/2014/2015/2016) Soccer Training on Main Turf (10-11 A.M. Blue 1 and Blue 2 Goalkeeping Training)
- 10:30 11:30 A.M. GOLD Yoga at Field House Gym

#### **LUNCH - DINING HALL**

- 11 A.M. 11:45 A.M. ALL BLUE
- 11:45 A.M. 12:30 P.M. ALL GOLD

#### **SESSION 4**

- 1 2:45 P.M. BLUE Soccer Training (2010/2011/2012) Athletic Turf, (2013/2014/2015/2016) Main Turf
- 1 2:45 P.M. GOLD BREAK
- 3 4:30 P.M. BLUE 1 & 2 BREAK
- 3 4:30 P.M. GOLD Soccer Training (2010/2011/2012) Athletic Turf, (2013/2014/2015) Main Turf

#### **DINNER - DINING HALL**

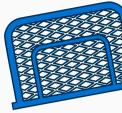
- 4:30 5:15 P.M. ALL BLUE
- 5:15 6 P.M. ALL GOLD

#### **SESSION 5**

- 6 7:20 P.M. BLUE Soccer Matches (Athletic/Main/Pavilion Turf Fields)
- 6-7:20 P.M. BLUE Soccer Matches (Athletic/Main Turf)
  6:15 7:15 P.M. GOLD BREAK
  7:30 8:50 P.M. GOLD Soccer Matches (Athletic/Main Turf)
  7:30 8:30 P.M. BLUE Backyard Sports
  9 9:45 P.M. BLUE Street Soccer
  9 9:45 P.M. GOLD Backyard Sports

- 9 10 P.M. Commuter Pick-Up at Main Turf

LIGHTS OUT 10:30 P.M.!



















90100



**RESIDENT CAMP 2025** 

DAY 3: TUESDAY, JULY 15



(Players wear Favorite Soccer Jersey) Commuter Drop-Off 7-8:15 A.M. Brickman Hall Water Fountain



- 7 7:45 A.M. BLUE (players walk with counselors)
  7:45 8:30 A.M. GOLD (players walk with counselors)

#### SESSION 1 - FIELDS/FIELD HOUSE GYM

- 8 8:55 A.M. BLUE 1 (2010/2011/2012) YOGA at Field House Gym
- 8 8:45 A.M. BLUE 2 (2013/2014/2015/2016) Speed & Agility at Athletic Turf
- 8:30 9:30 A.M. GOLD Soccer Training on Main Turf (9-10 A.M. Goalkeeping Training)

#### **SESSION 2**

- 9 10 A.M. BLUE 1 (2010/2011/2012) Soccer Training on Main Turf
- 9 9:55 A.M. BLUE 2 (2013/2014/2015/2016) Yoga at Field House Gym
- 9:30 10:15 A.M. GOLD Speed & Agility at Athletic Turf

#### **SESSION 3**

- 10 10:45 A.M. BLUE 1 (2010/2011/2012)
- Speed & Agility at Athletic Turf 10 10:55 A.M. BLUE 2 (2013/2014/2015/2016) Soccer Training on Main Turf (10-11 A.M. Blue 1 and Blue 2 Goalkeeping Training)
- 10:30 11:30 A.M. GOLD Yoga at Field House Gym

#### **LUNCH - DINING HALL**

- 11 A.M. 11:45 A.M. ALL BLUE
- 11:45 A.M 12:30 P.M. ALL GOLD

#### **SESSION 4**

- 1 2:45 P.M. BLUE Soccer Training (2010/2011/2012) Athletic Turf, (2013/2014/2015/2016) Main Turf
- 1 2:45 P.M. GOLD BREAK
- 3 4:30 P.M. BLUE 1 & 2 BREAK
- **3 4:30 P.M. GOLD Soccer Training** (2010/2011/2012) Athletic Turf, (2013/2014/2015) Main Turf

#### **DINNER - DINING HALL**

- · 4:30 5:15 P.M. ALL BLUE
- 5:15 6 P.M. ALL GOLD

#### **SESSION 5**

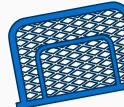
- 6 7:20 P.M. BLUE Soccer Matches (Athletic/Main/Pavilion Turf Fields)
- 6:15 7:15 P.M. GOLD BREAK
- 7:30 8:50 P.M. GOLD Soccer Matches (Athletic/Main Turf)
   7:30 9:45 P.M. BLUE Backyard Sports
- 9 9:45 P.M. GOLD Street Soccer
- 9 10 P.M. Commuter Pick-Up at Main Turf







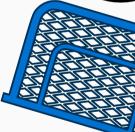


















RESIDENT CAMP 2025

AY 4: WEDNESDAY, JULY 16



(Players wear Nike Camp Shirt) Commuter Drop-Off 7-8:15 A.M. Brickman Hall Water Fountain

#### **BREAKFAST - DINING HALL**

- 7 7:45 A.M. BLUE (players walk with counselors)
  7:45 8:30 A.M. GOLD (players walk with counselors)

#### SESSION 1 - FIELDS/FIELD HOUSE GYM

- 8 8:55 A.M. BLUE 1 (2010/2011/2012) YOGA at Field House Gym
- 8 8:45 A.M. BLUE 2 (2013/2014/2015/2016) Speed & Agility at Athletic Turf
- 8:30 9:30 A.M. GOLD Soccer Training on Main Turf (9-10 A.M. Goalkeeping Training)

#### **SESSION 2**

- 9 10 A.M. BLUE 1 (2010/2011/2012) Soccer Training on Main Turf
- 9 9:55 A.M. BLUE 2 (2013/2014/2015/2016) Yoga at Field House Gym
- 9:30 10:15 A.M. GOLD Speed & Agility at Athletic Turf

#### **SESSION 3**

- 10 10:45 A.M. BLUE 1 (2010/2011/2012)
- Speed & Agility at Athletic Turf 10 10:55 A.M. BLUE 2 (2013/2014/2015/2016) Soccer Training on Main Turf (10-11 A.M. Blue 1 and Blue 2 Goalkeeping Training)
- 10:30 11:30 A.M. GOLD Yoga at Field House Gym

#### **LUNCH - DINING HALL**

- 11 A.M. 11:45 A.M. ALL BLUE
- 11:45 A.M. 12:30 P.M. ALL GOLD

#### **SESSION 4**

- 1 2:45 P.M. BLUE Soccer Training (2010/2011/2012) Athletic Turf, (2013/2014/2015/2016) Main Turf
- 1 2:45 P.M. GOLD BREAK
- 3 4:30 P.M. BLUE 1 & 2 BREAK
- **3 4:30 P.M. GOLD Soccer Training** (2010/2011/2012) Athletic Turf, (2013/2014/2015) Main Turf

#### **DINNER - DINING HALL**

- 4:30 5:15 P.M. ALL BLUE
- 5:15 6:30 P.M. ALL GOLD

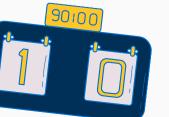
#### **SESSION 5**

- 6 7:20 P.M. BLUE Soccer Matches (Athletic/Main/Pavilion Turf Fields)
- 6:15 7:15 P.M. GOLD "Clean Up Rooms, Take Trash Out"
- 7:30 8:50 P.M. GOLD Soccer Matches (Athletic/Main Turf)
- 7:30 9:45 P.M. BLUE "Clean Up Rooms, Take Trash Out"
- 9 10 P.M. Commuter Pick-Up at Main Turf







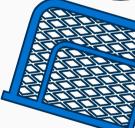














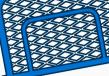








(Players Wear Any Soccer Shirt) Commuter Drop-Off 7-8:15 A.M. Brickman Hall Water Fountain





- 7-7:45 A.M. ALL BLUE
- 7:45-8:30 A.M. ALL GOLD





# **SESSION 1 - TRAINING SESSION (MATCHES)**

- 8:15-9:45 A.M. BLUE 1/2 Matches Athletic/Main Turf Fields
- 8:15-9:45 A.M. GOLD "Final Clean-Up & Packing"



### **SESSION 2 - TRAINING SESSION (MATCHES)**

- 9:45-11 A.M. BLUE "Final Clean-Up & Packing"
- 9:45-11 A.M. GOLD Matches Athletic/Main Turf Fields

### LUNCH

- 11-11:45 A.M. ALL BLUE
- 11:45 A.M.-12:30 P.M. ALL GOLD



# **CHECK OUT - QUAD WHERE THE DORMS ARE** 11 A.M.-1 P.M.



THANK YOU AND HAVE A GREAT SUMMER! (Schedule will and may change to benefit players)





