

## TRIP DETAILS

**TEAM NAME:** EPYSA Girls 2009 & 2010

**DESTINATION:** London

**DEPART DATE:** 04/10/2022

**RETURN DATE:** 04/18/2022

**NUMBER OF DAYS:** 9

# London

## YOUR DAY-BY-DAY ADVENTURE

### DAY 1

#### Flight to London

**Please note:** the final itinerary may be slightly different from this program. The final itinerary will be determined based on the size of the group, any adjustments that are required (such as adding additional matches), and the final schedule of the matches. (If additional matches are required, then some sightseeing content will be replaced by the additional matches needed.)

### DAY 2

**Check in at Hotel** Arrive at a hotel in the greater London area that will be your base for the next seven nights.

**Welcome Meeting** Begin with a welcome meeting and orientation with your tour director. Enjoy free time to explore the area around the hotel.

**Training Session** Participate in a Training Session at a local field led by your coaching staff.

**Dinner at Hotel Restaurant**

### DAY 3

#### Breakfast at Hotel

**Professional Coaching Clinic** Participate in a special Professional Coaching Clinic in the greater London area. The clinic will be led by a guest coach, player or instructor. The clinic will be designed exclusively for the team and to enhance skills in areas identified by the coaching staff.

**London City Tour** Highlights may include St. Paul's Cathedral, the Tower of London, Tower Bridge, Westminster Abbey, the Houses of Parliament, Big Ben, Trafalgar Square, St. James's Park and Buckingham Palace, Changing of the Guard ceremonies.

**Dinner at Hotel Restaurant**

### DAY 4

#### Breakfast at Hotel

#### Training Session

**Tower of London** Visit the Tower of London, one of Britain's most fascinating and important historical structures. Our visit includes the armories, a display of instruments of torture and execution and the breathtaking Crown Jewels Exhibit.

**Friendly Match** Play an International Friendly Match against a local club or academy team in the greater London area. The team will meet and compete against athletes of similar ages and skill levels.

**Dinner at Hotel Restaurant**

### DAY 5

#### Breakfast at Hotel

#### Training Session

**Lillywhites** Visit the Lillywhites, one of the oldest and most famous shops in London.

Specializing in sporting goods, the shop has always prided itself on being able to obtain items related to even the most minority sports.

#### Friendly Match

**Dinner at Hotel Restaurant**

### DAY 6

#### Breakfast at Hotel

#### Training Session

**Windsor Castle** Visit Windsor Castle with audio guides.

Our visit will include the richly decorated State Apartments and St. George's Chapel, a pantheon of English monarchs.

#### Windsor Free Time

**Dinner at Hotel Restaurant**

### DAY 7

#### Breakfast at Hotel

#### Training Session

**London Premier League Stadium Tour** Take a behind-the-scenes Stadium Tour of one of London's five Premier League sides, Arsenal, Chelsea Tottenham, Crystal Palace or West Ham. Most tours include a guided tour of areas such as the Director's Box, the Home and Away Changing Rooms, the Players' Tunnel, and the opportunity to go Pitch side. Most tours then conclude with a visit to their Museum or Trophy Room, followed by time to shop in their super store.

#### Friendly Match

**Dinner at Hotel Restaurant**

### DAY 8

#### Breakfast at Hotel

#### Friendly Match

**Attend Professional Match** Attend a professional soccer match in the greater London area featuring teams from the top leagues.

**Dinner at Hotel Restaurant**

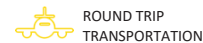
### DAY 9

#### Breakfast at Hotel

Our rewarding and enjoyable tour comes to an end as our Tour Director accompanies us to the airport on our final day.



## AN ALL-INCLUSIVE EXPERIENCE



ROUND TRIP  
TRANSPORTATION



HOTEL  
ACCOMMODATIONS



ATHLETE FRIENDLY  
MEALS



GROUND  
TRANSPORTATION TO  
AND FROM  
ALL ACTIVITIES



ALL ADMISSIONS AND  
FEES FOR SCHEDULED  
ACTIVITIES



EXPERTLY  
TRAINED  
TOUR  
DIRECTORS



24-HOUR  
EMERGENCY  
SUPPORT



ACADEMIC  
CREDIT